

## Mitered Square Heart Sachet

By Denise Layman



### Materials:

A small amount of worsted weight yarn Approx 50 yards or same in DK weight

Size 6 or 7 needles if using worsted weight

Size 4 needles if using DK weight yarn.

Darning needle

Stuffing & potpourri

**Optional:** crochet hook, toe of an old stocking for placing the potpourri in prior to stuffing.

### Notes:

Pattern is given for Worsted weight yarn, and directions for DK weight are in parentheses.

You can make all the squares of the heart separately, and seam them together; or you can pick up stitches along the upper edges of the base square to make it semi seamless. Directions for picking up the stitches are in the alternate method below.

Gauge is not so important, you do want a tighter gauge so the potpourri does not come out, but you can use a toe from an old stocking to put the potpourri in to keep it from coming out.

The first stitch of the first row will be knit. The first stitch of all subsequent rows will be slipped knit-wise.

The last stitch of every row will be purled. This leaves a nice edging for picking up stitches, and then for joining the two hearts together.

The best seaming method for this is the slip stitch crochet seam, it leaves less gaps.

Ignore your yarn ends; you can just hide them inside the heart when you seam it up!

### **Method:**

Base Square(make 2)

Cast on 19 (25) stitches.

Row 1: (WS) Knit to the last stitch, P1

Row 2: (RS) Sl 1 kwise, knit to one stitch before the center, 7 (10) in this case, Sl 1 kwise, K2Tog, pss0, knit to last stitch, P1.

Row 3: (WS) Sl 1 kwise, knit to the last stitch, P1

Repeat rows 2-3 working one less stitch before the center each time.

Work until 3 stitches remain, break yarn and thread tail through the remaining 3 stitches to secure.

### **Upper Squares (Make 4)**

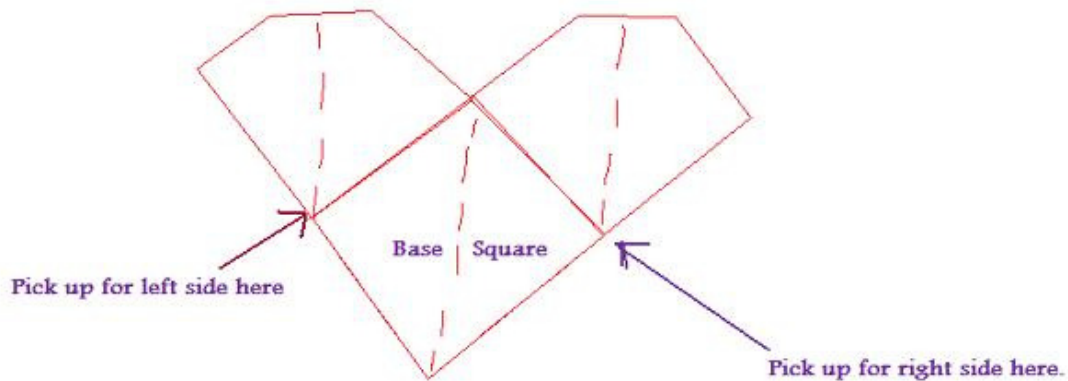
Work as for the base square, until 5(9) stitches remain ending with a RS row. Cast off loosely kwise on the WS row.

### **Alternate method:**

(See Diagram below for orientation of squares.)

For the upper right square, Cast on 10(13) stitches, and pick up the remaining stitches needed from the upper right edge of the base square. Work remainder of square as directed above.

For the upper left square, pick up 9(12) stitches from the upper left edge of the base square and then cast on the remaining amount of stitches needed. Work remainder of the square as directed above.



### **Finishing**

With the right sides facing, join the two hearts together leaving a small opening for stuffing the heart.

Stuff the heart and finish seaming.

Give it to someone you love!

**Here are some links for some great free mitered square patterns on the internet:**

Mitered square blanket: <http://www.knittingatknoon.com/afghanpatt.html>

M. S. Tote Bag: <http://home.pacbell.net/kapleo/blog/domesticpherepatterns.html>

Basic M. S. instructions: [http://www.planetshoup.com/easy/knit/mitre\\_bas.shtml](http://www.planetshoup.com/easy/knit/mitre_bas.shtml)

Mitered Dishcloth: <http://www.knittingonthenet.com/patterns/clothmiter.htm>